

# San Juan Unified School District

Jun 1, 2021 thru Jun 30, 2021

## Base Menu Spreadsheet

HYBRID/CURBSIDE BREAKFAST

### Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Tue - 06/01/2021							
HYBRID/CURBSIDE BREAK	Total						
PM SCONE,BANANA/CHOC (FAT CAT)	1 EACH	252	190	15	3.7	30.2	8.2
APPLESAUCE IW CUP (USDA)	1 EACH	51	2	11	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		433	352	41	14.70	60.20	10.70
% of Calories				38.1%	13.6%	55.6%	22.2%
Nutrient Guideline		450-500	540				

Wed - 06/02/2021							
HYBRID/CURBSIDE BREAK	Total						
PM CINNAMON ROLL	1 EACH	230	340	10	6.0	39.0	7.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		419	501	*35	*17.85	69.95	*9.76
% of Calories				*33.4%	*17.0%	66.7%	*21.0%
Nutrient Guideline		450-500	540				

Thu - 06/03/2021							
HYBRID/CURBSIDE BREAK	Total						
PM WAFFLES,MINI MPLE	PACKAGE	200	220	10	4.0	35.0	5.0
PM BEEF SAUSAGE PATTY	1 EACH	70	240	0	6.0	1.0	4.5
JUICE, STRAWBRY KIWI (suncup)	1 EACH	60	*N/A*	12	*N/A*	14.0	*N/A*
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		460	*620	37	*21.00	66.00	*12.00
% of Calories				32.2%	*18.3%	57.4%	*23.5%
Nutrient Guideline		450-500	540				

Fri - 06/04/2021							
HYBRID/CURBSIDE BREAK	Total						
PM FR TOAST STICKS	SVG (4 STICKS)	262	303	9	6.06	38.35	10.09
PM TURKEY BACON	SVG (2 SLICES)	40	220	0	4.0	0.0	3.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		484	640	*34	*21.10	69.31	*15.26
% of Calories				*28.2%	*17.5%	57.3%	*28.4%
Nutrient Guideline		450-500	540				

Sat - 06/05/2021							
HYBRID/CURBSIDE BREAK	Total						
PM PANCAKES,CNFETTI	PACKAGE	220	300	11	4.0	36.0	7.0
RAISINS ,USDA	1BOX	120	5	27	1.0	29.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		448	435	52	15.60	77.40	8.80
% of Calories				46.3%	13.9%	69.1%	17.7%
Nutrient Guideline		450-500	540				

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Sun - 06/06/2021							
HYBRID/CURBSIDE BREAK	Total						
CEREAL VARIETY	BOWL (2 OZ)	207	258	17	4.67	46.33	1.83
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		396	419	*42	*16.51	77.29	*4.60
% of Calories				*42.8%	*16.7%	78.1%	*10.5%
Nutrient Guideline		450-500	540				

Mon - 06/07/2021							
HYBRID/CURBSIDE BREAK	Total						
MUFFIN VARIETY (DAVE'S BAKING)	1 EACH	226	120	18	3.85	39.25	6.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		415	281	*43	*15.70	70.20	*8.76
% of Calories				*41.0%	*15.1%	67.6%	*19.0%
Nutrient Guideline		450-500	540				

Tue - 06/08/2021							
HYBRID/CURBSIDE BREAK	Total						
CEREAL VARIETY	BOWL (2 OZ)	207	258	17	4.67	46.33	1.83
APPLESAUCE IW CUP (USDA)	1 EACH	51	2	11	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		388	420	43	15.67	76.33	4.33
% of Calories				44.7%	16.2%	78.8%	10.1%
Nutrient Guideline		450-500	540				

Wed - 06/09/2021							
HYBRID/CURBSIDE BREAK	Total						
PM PANCAKES,CNFETTI	PACKAGE	220	300	11	4.0	36.0	7.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		409	461	*36	*15.85	66.95	*9.76
% of Calories				*35.2%	*15.5%	65.4%	*21.5%
Nutrient Guideline		450-500	540				

Fri - 06/11/2021							
HYBRID/CURBSIDE BREAK	Total						
PM SCONE,BANANA/CHOC (FAT CAT)	1 EACH	252	190	15	3.7	30.2	8.2
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		441	351	*40	*15.55	61.15	*10.96
% of Calories				*36.5%	*14.1%	55.4%	*22.4%
Nutrient Guideline		450-500	540				

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HYBRID/CURBSIDE BREAKFAST

### Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 06/14/2021							
HYBRID/CURBSIDE BREAK	Total						
PM CINNAMON ROLL	1 EACH	230	340	10	6.0	39.0	7.0
RAISINS ,USDA	1BOX	120	5	27	1.0	29.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		480	505	52	18.00	84.00	9.50
% of Calories				43.3%	15.0%	70.0%	17.8%
Nutrient Guideline		450-500	540				

Tue - 06/15/2021							
HYBRID/CURBSIDE BREAK	Total						
MUFFIN VARIETY (DAVE'S BAKING)	1 EACH	226	120	18	3.85	39.25	6.0
APPLESAUCE IW CUP (USDA)	1 EACH	51	2	11	0.0	14.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		407	282	43	14.85	69.25	8.50
% of Calories				42.8%	14.6%	68.1%	18.8%
Nutrient Guideline		450-500	540				

Wed - 06/16/2021							
HYBRID/CURBSIDE BREAK	Total						
PM BREAKFAST PIZZA	1 EACH	210	350	5	9.0	27.0	7.0
CEREAL HONEY NUT SCOOTERS MOM	2 oz Bowl	220	390	17	5.0	46.0	2.5
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		401	519	*32	*20.05	61.75	*8.86
% of Calories				*32.3%	*20.0%	61.6%	*19.9%
Nutrient Guideline		450-500	540				

Thu - 06/17/2021							
HYBRID/CURBSIDE BREAK	Total						
PM WAFFLES,MINI MPLE	PACKAGE	200	220	10	4.0	35.0	5.0
PM BEEF SAUSAGE PATTY	1 EACH	70	240	0	6.0	1.0	4.5
JUICE, STRAWBRY KIWI (suncup)	1 EACH	60	*N/A*	12	*N/A*	14.0	*N/A*
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		460	*620	37	*21.00	66.00	*12.00
% of Calories				32.2%	*18.3%	57.4%	*23.5%
Nutrient Guideline		450-500	540				

Fri - 06/18/2021							
HYBRID/CURBSIDE BREAK	Total						
UBR BREAKFAST BAR	1 EACH	280	190	19	5.0	44.0	8.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		469	351	*44	*16.85	74.95	*10.76
% of Calories				*37.5%	*14.4%	63.9%	*20.6%
Nutrient Guideline		450-500	540				

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Portion Values - Detailed

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Mon - 06/21/2021							
HYBRID/CURBSIDE BREAK	Total						
PM FR TOAST STICKS	SVG (4 STICKS)	262	303	9	6.06	38.35	10.09
PM TURKEY BACON	SVG (2 SLICES)	40	220	0	4.0	0.0	3.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		484	640	*34	*21.10	69.31	*15.26
% of Calories				*28.2%	*17.5%	57.3%	*28.4%
Nutrient Guideline		450-500	540				

Tue - 06/22/2021							
HYBRID/CURBSIDE BREAK	Total						
MUFFIN VARIETY (DAVE'S BAKING)	1 EACH	226	120	18	3.85	39.25	6.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		415	281	*43	*15.70	70.20	*8.76
% of Calories				*41.0%	*15.1%	67.6%	*19.0%
Nutrient Guideline		450-500	540				

Wed - 06/23/2021							
HYBRID/CURBSIDE BREAK	Total						
PM WAFFLES,MINI MPLE	PACKAGE	200	220	10	4.0	35.0	5.0
PM BEEF SAUSAGE PATTY	1 EACH	70	240	0	6.0	1.0	4.5
RAISINS ,USDA	1BOX	120	5	27	1.0	29.0	0.0
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		520	625	52	22.00	81.00	12.00
% of Calories				40.0%	16.9%	62.3%	20.8%
Nutrient Guideline		450-500	540				

Thu - 06/24/2021							
HYBRID/CURBSIDE BREAK	Total						
CEREAL VARIETY	BOWL (2 OZ)	207	258	17	4.67	46.33	1.83
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		396	419	*42	*16.51	77.29	*4.60
% of Calories				*42.8%	*16.7%	78.1%	*10.5%
Nutrient Guideline		450-500	540				

Fri - 06/25/2021							
HYBRID/CURBSIDE BREAK	Total						
PM PANCAKES,CNFETTI	PACKAGE	220	300	11	4.0	36.0	7.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		409	461	*36	*15.85	66.95	*9.76
% of Calories				*35.2%	*15.5%	65.4%	*21.5%
Nutrient Guideline		450-500	540				

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Portion Values - Detailed

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	Portion Size	Cals (kcal)	Sodm (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)
Mon - 06/28/2021							
HYBRID/CURBSIDE BREAK	Total						
CEREAL VARIETY	BOWL (2 OZ)	207	258	17	4.67	46.33	1.83
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		375	394	*41	*16.05	72.65	*4.41
% of Calories				*43.3%	*17.1%	77.4%	*10.6%
Nutrient Guideline		450-500	540				

Tue - 06/29/2021							
HYBRID/CURBSIDE BREAK	Total						
PM SCONE,BANANA/CHOC (FAT CAT)	1 EACH	252	190	15	3.7	30.2	8.2
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		441	351	*40	*15.55	61.15	*10.96
% of Calories				*36.5%	*14.1%	55.4%	*22.4%
Nutrient Guideline		450-500	540				

Wed - 06/30/2021							
HYBRID/CURBSIDE BREAK	Total						
PM FR TOAST STICKS	SVG (4 STICKS)	262	303	9	6.06	38.35	10.09
PM TURKEY BACON	SVG (2 SLICES)	40	220	0	4.0	0.0	3.0
FRUIT, FRESH VARIETY	SVG (1/2 CUP)	59	1	*10	*0.85	14.95	*0.26
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	130	160	15	11.0	16.0	2.5
Weighted Daily Average		484	640	*34	*21.10	69.31	*15.26
% of Calories				*28.2%	*17.5%	57.3%	*28.4%
Nutrient Guideline		450-500	540				

Weighted Average		436	*460	*41	*17.57	70.38	*9.81
				*83.9%	*16.1%	64.5%	*20.2%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	436		450 - 500	97%		14		Correction Required - Calories are Low
Sodium 1 (mg)	460		540		Missing			
Sodium 2 (mg)	460		485		Missing			
Sugars (g)	41	37.27%			Missing			
Protein (g)	17.57	16.11%			Missing			
Carbohydrate (g)	70.38	64.52%			Missing			
Total Fat (g)	9.81	20.23%			Missing			

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